

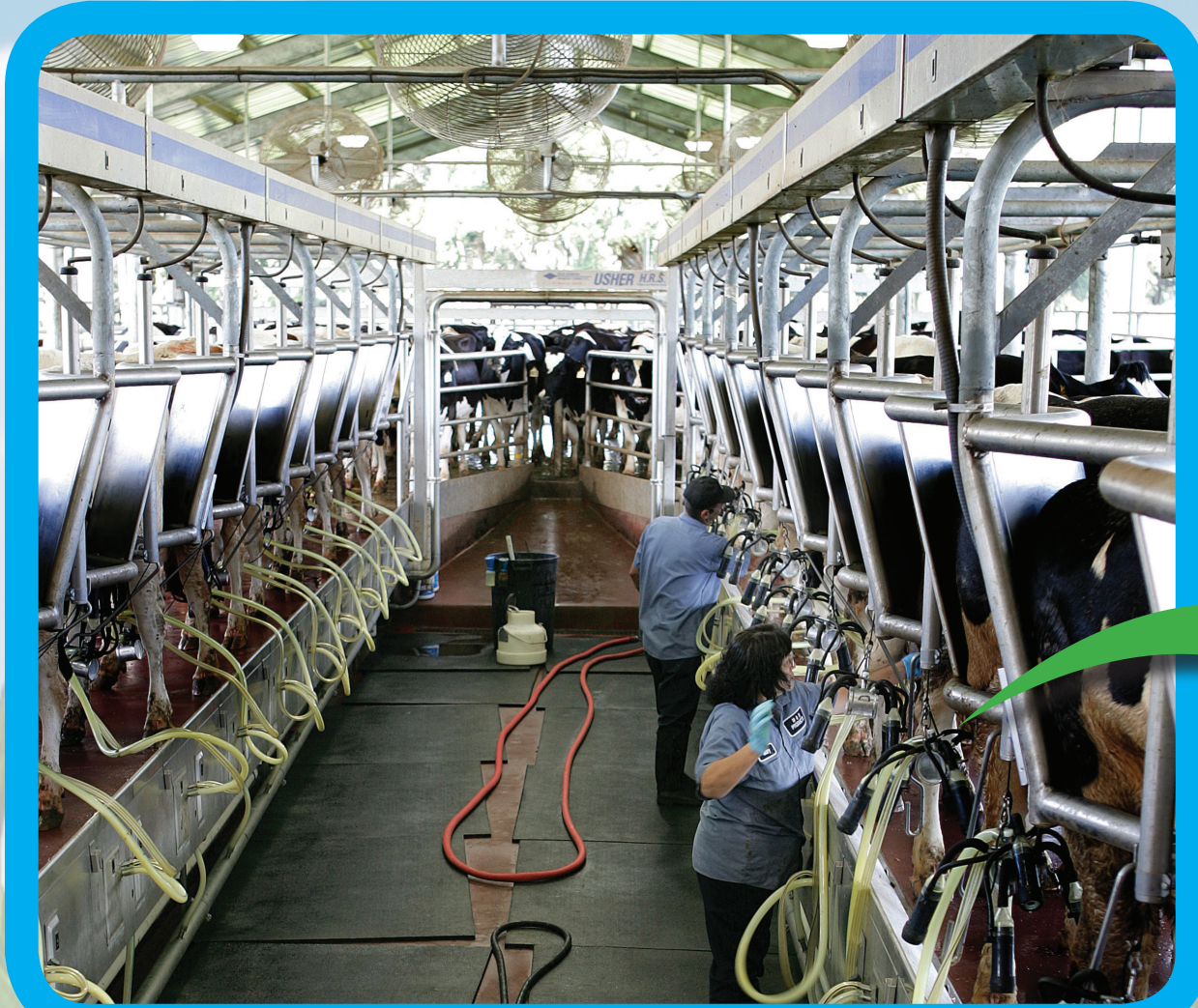
# NUTRITION: FROM THE FIELD TO YOU



Recycled water from other parts of the farm is used to grow crops, which help feed the cows.



Cows can eat and drink 24 hours a day to give them the nutrients they need to be healthy and produce nutritious milk.



Cows are milked 2 to 3 times a day, producing fresh milk that travels from farm to carton in just 48 to 72 hours.



A carton of school milk provides 9 essential nutrients to fuel your body and mind.



At the processing plant, milk is thoroughly tested before being packaged.