



Standards Alignment

A Healthy Match **Kindergarten Activity**

Reading/Communication

ELA.K.C.1.1: Print many upper- and lowercase letters.

ELA.K.C.1.3: Using a combination of drawing, dictating, and/or writing, express opinions about a topic or text with at least one supporting reason.

ELA.K.C.1.4: Using a combination of drawing, dictating, and/or writing, provide factual information about a topic.

ELA.K.C.3.1: Follow the rules of standard English grammar, punctuation, capitalization, and spelling appropriate to grade level.

ELA.K.C.4.1: Recall information to answer a question about a single topic.

ELA.K.C.5.1: Use a multimedia element to enhance oral or written tasks.

ELA.K.V.1.2: Ask and answer questions about unfamiliar words in grade-level content.

Science

SC.K.L.14.2 - Recognize that some books and other media portray animals and plants with characteristics and behaviors they do not have in real life.

SC.K.L.14.3 - Observe plants and animals, describe how they are alike and how they are different in the way they look and in the things they do.

Health

HE.K.C.1.1 – Recognize healthy behaviors.

HE.K.C.1.5 - Recognize there are body parts inside and outside of the body.

Superhero Nutrients **1st Grade Activity**

English Language Arts

ELA.1.C.1.1: Print all upper- and lowercase letters.

ELA.1.C.1.2: Write narratives that retell two or more appropriately sequenced events, including relevant details and a sense of closure.

ELA.1.C.1.5: With guidance and support from adults, improve writing, as needed, by planning, revising, and editing.

ELA.1.C.2.1: Present information orally using complete sentences and appropriate volume.

ELA.1.C.3.1: Follow the rules of standard English grammar, punctuation, capitalization, and spelling appropriate to grade level.

ELA.1.C.5.1: Use a multimedia element to enhance oral or written tasks.

Superhero Nutrients

ELA.1.F.1.4: Read grade-level texts with accuracy, automaticity, and appropriate prosody or expression.

ELA.1.R.2.2: Identify the topic of and relevant details in a text.

ELA.1.C.4.1: Participate in research to gather information to answer a question about a single topic.

ELA.1.C.5.1: Use a multimedia element to enhance oral or written tasks.

Science

SC.1.L.17.1: Through observation, recognize that all plants and animals, including humans, need the basic necessities of air, water, food, and space.



Health

HE.1.C.1.1: Identify healthy behaviors.

HE.1.C.1.5: Identify the correct names of human body parts.

Activity 1

Dairy Farmers Do It All

Grades 3-5

3rd Grade

ELA.3.F.1.3: Use knowledge of grade-level phonics and word-analysis skills to decode words.

ELA.3.F.1.4: Read grade-level texts with accuracy, automaticity, and appropriate prosody or expression.

ELA.3.C.3.1: Follow the rules of standard English grammar, punctuation, capitalization, and spelling appropriate to grade level.

SC.3.N.1.1: Raise questions about the natural world, investigate them individually and in teams through free exploration and systematic investigations, and generate appropriate explanations based on those explorations.

4th Grade

ELA.4.F.1.4: Read grade-level texts with accuracy, automaticity, and appropriate prosody or expression.

ELA.4.C.3.1: Follow the rules of standard English grammar, punctuation, capitalization, and spelling appropriate to grade level.

SC.4.N.1.1: Raise questions about the natural world, use appropriate reference materials that support understanding to obtain information (identifying the source), conduct both individual and team investigations through free exploration and systematic investigations, and generate appropriate explanations based on those explorations.

5th Grade

ELA.5.C.1.3: Write to make a claim supporting a perspective with logical reasons, relevant evidence from sources, elaboration, and an organizational structure with varied transitions.

ELA.5.C.3.1: Follow the rules of standard English grammar, punctuation, capitalization, and spelling appropriate to grade level.

ELA.5.F.1.3: Use knowledge of grade-appropriate phonics and word-analysis skills to decode words.

ELA.5.F.1.4: Read grade-level texts with accuracy, automaticity, and appropriate prosody or expression.

SC.5.E.7.7: Design a family preparedness plan for natural disasters and identify the reasons for having such a plan.

Activity 2

Farming for the Future

Grades 3-5

3rd Grade

HE.3.P.7.1: Practice responsible personal health behaviors.

ELA.3.F.1.3: Use knowledge of grade-level phonics and word-analysis skills to decode words.

ELA.3.F.1.4: Read grade-level texts with accuracy, automaticity, and appropriate prosody or expression.

ELA.3.C.3.1: Follow the rules of standard English grammar, punctuation, capitalization, and spelling appropriate to grade level.

SC.3.N.1.1: Raise questions about the natural world, investigate them individually and in teams through free exploration and systematic investigations, and generate appropriate explanations based on those explorations.

4th Grade

HE.4.P.7.2: Discuss a variety of healthy practices and behaviors to maintain or improve personal health and reduce health risks.

ELA.4.F.1.4: Read grade-level texts with accuracy, automaticity, and appropriate prosody or expression.



ELA.4.C.3.1: Follow the rules of standard English grammar, punctuation, capitalization, and spelling appropriate to grade level.

SC.4.N.1.1: Raise questions about the natural world, use appropriate reference materials that support understanding to obtain information (identifying the source), conduct both individual and team investigations through free exploration and systematic investigations, and generate appropriate explanations based on those explorations.

5th Grade

HE.5.P.7.1: Model responsible personal health behaviors.

ELA.5.C.1.3: Write to make a claim supporting a perspective with logical reasons, relevant evidence from sources, elaboration, and an organizational structure with varied transitions.

ELA.5.C.3.1: Follow the rules of standard English grammar, punctuation, capitalization, and spelling appropriate to grade level.

ELA.5.F.1.3: Use knowledge of grade-appropriate phonics and word-analysis skills to decode words.

ELA.5.F.1.4: Read grade-level texts with accuracy, automaticity, and appropriate prosody or expression.

SC.5.N.1.1: Raise questions about the natural world, use appropriate reference materials that support understanding to obtain information (identifying the source), conduct both individual and team investigations through free exploration and systematic investigations, and generate appropriate explanations based on those explorations.

Activity 3

Dairy Power!

Grades 3-5

3rd Grade

HE.3.P.7.1: Practice responsible personal health behaviors.

HE.3.C.1.1: Describe healthy behaviors that affect personal health.

HE.3.C.1.5: Recognize that body parts and organs work together to form human body systems.

ELA.3.F.1.3: Use knowledge of grade-level phonics and word-analysis skills to decode words.

ELA.3.F.1.4: Read grade-level texts with accuracy, automaticity, and appropriate prosody or expression.

ELA.3.C.3.1: Follow the rules of standard English grammar, punctuation, capitalization, and spelling appropriate to grade level.

SC.3.N.1.1: Raise questions about the natural world, investigate them individually and in teams through free exploration and systematic investigations, and generate appropriate explanations based on those explorations.

4th Grade

HE.4.P.7.2: Discuss a variety of healthy practices and behaviors to maintain or improve personal health and reduce health risks.

HE.4.C.1.5: Identify the human body parts and organs that work together to form healthy body systems.

HE.4.C.2.1: Explain the importance of family on health practices and behaviors.

ELA.4.F.1.4: Read grade-level texts with accuracy, automaticity, and appropriate prosody or expression.

ELA.4.C.3.1: Follow the rules of standard English grammar, punctuation, capitalization, and spelling appropriate to grade level.

SC.4.N.1.1: Raise questions about the natural world, use appropriate reference materials that support understanding to obtain information (identifying the source), conduct both individual and team investigations through free exploration and systematic investigations, and generate appropriate explanations based on those explorations.

5th Grade

HE.5.P.7.1: Model responsible personal health behaviors.

HE.5.C.1.5: Explain how human body parts and organs work together in healthy body systems, including the endocrine and reproductive systems.

HE.5.C.2.6: Describe ways that technology can influence family health behaviors.



ELA.5.C.1.3: Write to make a claim supporting a perspective with logical reasons, relevant evidence from sources, elaboration, and an organizational structure with varied transitions.

ELA.5.C.3.1: Follow the rules of standard English grammar, punctuation, capitalization, and spelling appropriate to grade level.

ELA.5.F.1.3: Use knowledge of grade-appropriate phonics and word-analysis skills to decode words.

ELA.5.F.1.4: Read grade-level texts with accuracy, automaticity, and appropriate prosody or expression.

SC.5.N.1.1: Raise questions about the natural world, use appropriate reference materials that support understanding to obtain information (identifying the source), conduct both individual and team investigations through free exploration and systematic investigations, and generate appropriate explanations based on those explorations.